



## WYLLIE MARTIAL ARTS

Resumption of Training HQ2, WILLOUGHBY

### ***COVID 19 Safe Training Plan***

***This policy/plan shall be in effect from 22<sup>nd</sup> June 2020.***

***Preamble: The policy is implemented to provide operational***

***parameters that members can abide by during Covid 19.***

***The policy will be reviewed ongoing in accordance with NSW Health Guidelines.***

### **Class Organisation:**

In accordance with information provided we are permitted **20** students per class plus black belt instructors. Parents dropping their children to class **will not** be permitted to stay in the class. **Any under 18's students will need to be signed in by their parents/caregivers. All adult students will need to sign on** so an accurate record of attendees is kept for each class. If parents need to stay they must wait outside.

***The following 'in class' mandatory safety requirements will apply:***

1. A hand cleaning and equipment cleaning station will be available.

b. A 'single user' rule for all equipment i.e. focus pads, gloves etc. may only be used by the one person in any class – all equipment will be appropriately cleaned after usage.

**2. Spectators to your martial arts class are not allowed.**

3. Where possible classes will have a clearly sign posted separate Entry and Exit area. Entry will be via the main doors of the Dural Squash Courts and exit via the back doors of the training room.

4. When conducting back to back classes, once classes are finished there will be no entry from those attending the next class until all those in the previous class have left.

5. Instructors will ensure that cleaning and sanitising will occur before and after class and, where required during class.

6. Instructors will ensure that any chairs in the training area are spaced a minimum of 1.5. metres apart.

7. When so permitted, by Government regulation, partner training can occur. Under this policy a training partner must remain as the same person for the duration of the class (i.e. no changing training partners).

If you have any concerns about your health you should **NOT** attend training. You should stay at home and practise standard infection control precautions and seek medical advice.

Go to [www.healthdirect.gov.au](http://www.healthdirect.gov.au) or call the National Coronavirus Information and Triage Line (1800 020 080); It operates 24 hours a day, seven days a week. If you require translating or interpreting services, call 131 450.

Inform your workplace, school or sporting club.

If you have concerns about your health, speak to your parents and/or doctor.

For the latest advice, information and resources, go to [www.health.gov.au](http://www.health.gov.au)

**Wyllie Martial Arts**